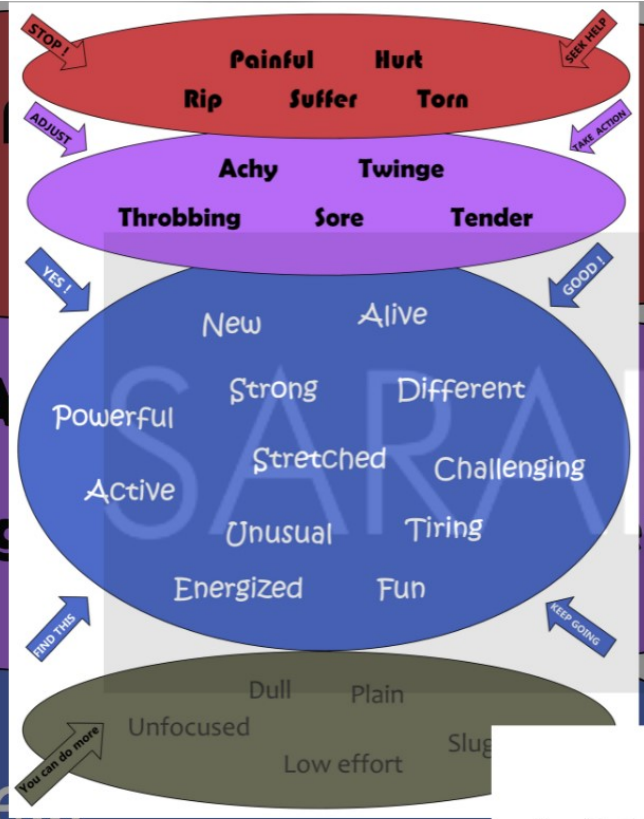
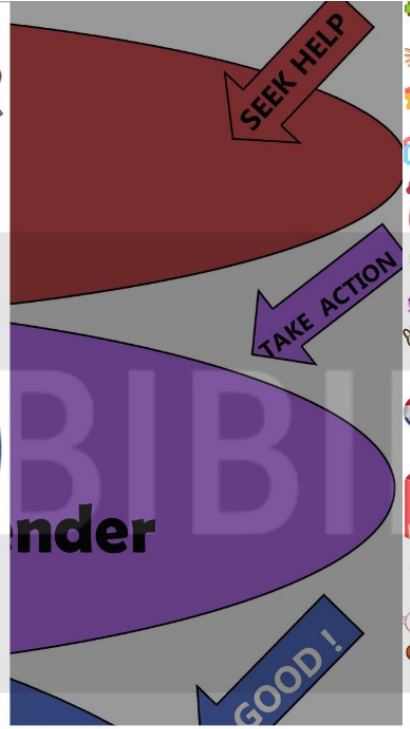




Golden Repair

By repairing broken ceramics it's possible to give a new lease on life to
refined thanks to its "scars". The Japanese art of kintsugi teaches th
something to hide but to display with pride.

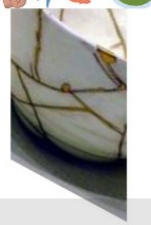
When a bowl, teapot or precious vase falls and breaks into a thousand pieces, we often throw it away with anger and regret. However, there is an alternative: a Japanese practice that highlights and enhances the life of an object after breakage. It's called kintsugi (金継ぎ), or kintsukuroi (金繕い), literally **golden** ("kin") and **repair** ("tsugi").

This traditional Japanese art uses a precious metal – liquid gold, liquid silver or lacquer dusted with powdered gold – to bring together the pieces of a broken pottery item by enhancing the cracks. The technique consists of joining fragments and giving them a new, more refined aspect. Every repaired piece is unique, because of the randomness with which ceramics shatters and the irregular patterns formed that are enhanced with the use of metals.

The scars enhance the beauty.

With this technique it's possible to create true and exceptional works of art, each with its own story and beauty.

You are the same way. Your trials, challenges, and injuries can "break" what you thought was you, but you can choose to "dust with liquid gold", and the next stage can be stronger, more interesting, and more beautiful.



What percentage did I **give** today?

Did **my effort** help me toward achieving my goals?

Is it possible to give more,
give less,
or give differently
to help me on **my path**?

How did I **help someone** today?

Do I want to do something **different** tomorrow?

SARABIK Dance